**Mid Wales Media Hub – Social Media Content**

**February 2017**

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| **Date** | **Tweet** | **Area** |
| **01.02.17** | Why not create your own story as part of #nationalstoryweek in #MidWales bit.ly/**2dFSB73** #findyourepic | Mid Wales |
| **01.02.17** | Just 13 days until #valentinesday Have you booked your #romanticbreak in #MidWales ? bit.ly/2fZs5Vr #FindYourEpic | Mid Wales |
| **02.02.17** | Celebrate #worldwetlandsday with a visit to one of the amazing destinations in #MidWales bit.ly/2kBcf8S #FindYourEpic | Mid Wales Dyfi Biosphere |
| **02.02.17** | There are beauty spots and there are #MidWales beauty spots. Take your pick. bit.ly/**2iCslNn** #findyourepic | Mid Wales |
| **03.03.17** | Which walk will you go on this weekend? #wyevalleywalk #glyndwrsway #Severnvalleywalk #offasdyke or #ceredigioncoastalpath ? #FindYourEpic | Mid Wales Ceredigion Mid / North Powys |
| **04.03.17** | Coast or country? It’s a no brainer in #MidWales You have the choice of both for a #daybreak or #shortbreak bit.ly/**2edUshM** | Mid Wales Ceredigion Cambrian Mountains |
| **05.01.17** | Dungeons or dragons? Explore the castles and historic destinations #MidWales has to offer. bit.ly/2i9BQn1 #findyourepic | Mid Wales |
| **6.2.17** | Ever tried glamping? Why not make 2017 your first? Check out some great #MidWales glamping destinations. bit.ly/**2l1fl24** | Mid Wales |
|  | Ydych chi wedi trio glampio erioed? Beth amdani eleni? Dyma rai o leoliadau gwych #CanolbarthCymru bit.ly/**2l1fl24** |  |
| **6.2.17** | Have you managed to get through Monday? Maybe planning your #springbreak in #MidWales will help calm the nerves? bit.ly/2fZs5Vr | Mid Wales |
|  | Pa ffordd well i ddechrau’r wythnos na threfnu gwyliau gwanwyn yng Nghanolbarth Cymru bit.ly/2fZs5Vr |  |
| **7.2.17** | Lakes, mountains, forests and reservoirs. There’s just too much choice to #findyourepic in #MidWales bit.ly/**2kWM9O2** | Mid Wales  Mid / North Powys Cambrian Mountains |
|  | Llynnoedd, mynyddoedd, fforestydd a chronfeydd. Mae digon o ddewis yng Nghanolbarth Cymru bit.ly/2fZs5Vr |  |
| **7.2.17** | We have some of the most stunningly situated golf courses. Perfect for a 2017 #golfingbreak bit.ly/2e9fTPU #findyourepic #MidWales | Mid Wales |
|  | Mae gennym gyrsiau golf mewn lleoliadau anhygoel. Perffaith ar gyfer gwyliau golff yn 2107. #CanolbarthCymru bit.ly/2e9fTPU |  |
| **8.2.17** | Have you planned something special for #ValentinesDay ? No? Get your skates on bit.ly/2iHrbRy #visitmidwales #FindYourEpic | Mid Wales |
|  | Oes gennych chi drefniadau ar gyfer DyddSanFfolant? Na? Wel nawr yw’r amser i drefnu rhywbeth bit.ly/2iHrbRy #CanolbarthCymru |  |
| **8.2.17** | There are two sources of two major UK rivers in #MidWales Can you name them? bit.ly/**2dFSB73**  #findyourepic | Mid Wales Mid & North Powys |
|  | Mae dwy o brif afonydd y DU yn tarddu yng Nghanolbarth Cymru. Gallwch chi eu henwi nhw? bit.ly/**2dFSB73** |  |
| **9.2.17** | It’s not long until the #halfterm #holidays Where are you going? How about #MidWales #coast or #countryside ? bit.ly/**2hPUBIM** | Mid Wales Ceredigion |
|  | Ble fyddwch chi’n treulio #gwyliau #hannertymor? Beth am arfordir a chefngwlad #CanolbarthCymru? bit.ly/**2hPUBIM** |  |
| **9.2.17** | Where did Owain Glyndwr house his shortlived parliament in #MidWales ? bit.ly/**2ePpT4i** | Mid Wales Mid & North Powys |
|  | Wyddoch chi ble yng Nghanolbarth Cymru oedd senedd-dy Owain Glyndwr? bit.ly/**2ePpT4i** |  |
| **10.7.17** | Make history more exciting and take the children on some epic adventures in #MidWales this #halfterm bit.ly/2fA476n #FindYourEpic | Mid Wales |
|  | Ewch â’r plant ar antur epig yng Nhanolbarth Cymru dros #hannertymor bit.ly/2fA476n |  |
| **11.7.17** | How about a weekend #beach #walk in #Ceredigion #MidWales ? #findyourspic bit.ly/2l29QRG | Mid Wales Ceredigion |
|  | Beth am fynd am dro ar hyd #traethau #Ceredigion dros y penwythnos #CanolbarthCymru bit.ly/2l29QRG |  |
| **12.7.17** | Planning a #backpacking trip? #MidWales is perfect for #accommodation #activities and friendly locals. bit.ly/**2jC0bnH** | Mid Wales |
|  | Mae #CanolbarthCymru yn berffaith am wyliau heicio #llety #gweithgareddau a #hwyl bit.ly/**2jC0bnH** |  |
| **13.2.17** | Spring is in the air. Did you take any Spring photos in #MidWales over the weekend? Share them with us. #discovermidwales #FindYourEpic | Mid Wales |
| **13.2.17** | Talking of Spring. Why not plan a #birdwatching #shortbreak in #MidWales bit.ly/2dHVdiB #discovermidwales #findyourepic | Mid Wales |
| **14.2.17** | Did you remember the card? Did you book the romantic break? Get booking now bit.ly/**2jbZtgU** #findyourepic #ValentinesDay | Mid Wales |
| **14.2.17** | Where’s the most romantic place in #MidWales for you? Share your destinations with us. #valentinesday #findyourepic | Mid Wales |
| **15.2.17** | You don’t have to be with someone to enjoy #MidWales Explore it for yourself. bit.ly/2edUshM #singlesawarenessday #findyourepic | Mid Wales |
| **15.2.17** | Getting to #MidWales is easy, whether you’re #cycling coming by train or driving. But don’t tell everyone. bit.ly/**2iHxaWx** | Mid Wales |
| **16.2.17** | Looking for a little #adventure on your #holiday ? You’ll #findyourepic when you #discovermidwales bit.ly/**2lxypJL** | Mid Wales |
| **16.2.17** | No matter where you go in #MidWales there is always someone to offer you local information. bit.ly/2kGE7Yl #FindYourEpic | Mid Wales |
| **17.2.17** | Friday fact: Did you know a #MidWales community was at the heart of the Chartist Riots in 1800s? bit.ly/2l7sWZf #discovermidwales | Mid Wales Mid / North Powys |
| **18.2.17** | How about a Saturday surprise? Put your finger on the map and head somewhere in #MidWales for a day out exploring. bit.ly/2gGZ1FW | Mid Wales |
| **19.2.17** | Time for a Sunday stroll? Check out some of our favourite #walking routes bit.ly/2d2PXIa #findyourepic #discovermidwales | Mid Wales |
| **20.2.17** | Stuck for some daytime #halfterm ideas? You shouldn’t be. There’s so much to do in #MidWales bit.ly/**2gGZ1FW** | Mid Wales |
| **20.2.17** | There’s nothing like a great adventure. #MidWales is full of them. How will you #findyourepic this year? | Mid Wales  Adventure video: http://bit.ly/2m7i4IR |
| **21.2.17** | Beaches along the #MidWales coastline are great throughout the year, including #halfterm . Check our favourites. bit.ly/2frYfvd | Mid Wales  Ceredigion |
| **21.2.17** | Crossing into #MidWales you might spot #offasdyke Did you know you can walk it? bit.ly/**2ggIF2Z** | Mid Wales Mid / North Powys |
| **22.2.17** | It’s #worldthinkingday organised by #girlguides Did you know they have their #Wales headquarters in #MidWales bit.ly/2kPrcA0 | Mid Wales  Mid / North Powys |
| **22.2.17** | Who said romance is dead? With amazing scenery and destinations, #MidWales is a perfect escape. #findyourepic | Mid Wales  Explorer video:  http://bit.ly/2kGTb9H |
| **23.2.17** | What have you been doing this #halfterm ? There’s still plenty of time to #findyourepic and #discoverMidWales bit.ly/**2gGZ1FW** | Mid Wales |
| **23.2.17** | Why not get the family out on the bikes this #halfterm ? Cycling is fun, great exercise and so much to explore. bit.ly/**2kPvwza** | Mid Wales |
| **24.2.17** | Yay. It’s Friday. Ready for the weekend? Come on, get out and #findyourepic Where will you go in #MidWales ? bit.ly/2gGZ1FW | Mid Wales |
| **25.2.17** | Looking to escape and relax with a #shortbreak ? How about a bit of #mindfulness in #MidWales #findyourepic | Health and relax video:  <http://bit.ly/2mha4Es> |
| **26.2.17** | Looking for something to do today? Check out our #greatdaysout listings and #discovermidwales. Maybe #findyourepic bit.ly/2gGZ1FW | Mid Wales |
| **27.02.17** | No need for the Monday blues. Spring is nearly here – time to book a #shortbreak in #MidWales bit.ly/2fZs5Vr #findyourepic | Mid Wales |
| **27.02.17** | Tomorrow is the last day of February. Planned anything for March? We have some ideas for you: bit.ly/2hPUBIM #discovermidwales | Mid Wales |
| **28.02.17** | Don’t forget the pancake ingredients. In fact, check out some great culinary #breaks in #MidWales bit.ly/2dXWtRx #pancakeday | Mid Wales |
| **28.02.17** | It’s not a #leapyear But it’s a great time to leap into #MidWales for a #spring #shortbreak bit.ly/2fZs5Vr  #FindYourEpic | Mid Wales |