**Mid Wales Media Hub – Social Media Content**

**January 2017**

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| **Date** | **Tweet** | **Area** |
| **04.01.17** | Having the #backtowork blues? Why not book yourself a #winterbreak in #MidWales bit.ly/**2izCrz7** #findyourepic | Mid Wales |
| **04.01.17** | Forget the gym this January. Why not get out and exercise on some of the great #MidWales trails and #walks. bit.ly/**2dhElTH** #findyourepic | Mid Wales |
|  | Anghofiwch am y gampfa ym mis Ionawr. Ewch allan i’r awyr agored i gerdded llwybrau #CanolbarthCymru bit.ly/**2dhElTH** | Mid Wales |
| **05.01.17** | Romance will be in the air next month. Have you planned a #romanticbreak for #valentinesday in #MidWales ? bit.ly/**2iHrbRy** | Mid Wales |
|  | Chwefror - mis y cariadon. Ydych chi wedi trefnu gwyliau rhamantus ar gyfer #DyddSanFfolant? #CanolbarthCymru bit.ly/**2iHrbRy** | Mid Wales |
| **05.01.17** | It couldn’t be easier to get into and around #MidWales for a #dayout or a #shortbreak #holiday Check out some of the ways. bit.ly/**2j8slGk** | Mid Wales |
|  | Mae’n hawdd cyrraedd #CanolbarthCymru ar gyfer diwrnod allan neu wyliau byr. Dyma sut … bit.ly/**2j8slGk** | Mid Wales |
| **06.01.17** | There are some great #lastminutebreaks in #MidWales this January. Why not check them out. bit.ly/**2fZs5Vr** #findyourepic | Mid Wales |
|  | Mae na wyliau byr mudud olaf gwych ar gael yng Nghanolbarth Cymru ym mis Ionawr bit.ly/**2fZs5Vr** | Mid Wales |
| **06.01.17** | Did you know Wales has #stdwynwensday for lovers on 25 Jan. A great reason for a #shortbreak in #MidWales bit.ly/2dhDUc1 | Mid Wales |
|  | Mae #DyddSantesDwynwen bob amser yn esgus da am benwythnos rhamantus yng Nghanolbarth Cymru bit.ly/2dhDUc1 | Mid Wales |
| **07.01.17** | Still have the #NewYear blues? Why not get out and explore the #cambrianmountains in #MidWales bit.ly/**2dFSB73** | Mid Wales Cambrian Mountains |
|  | Ydyh chi’n dal i ddioddef o felan y flwyddyn newydd? Ewch allan i ddarganfod #MynyddoeddyCambria bit.ly/**2dFSB73** | Mid Wales |
| **07.01.17** | The #halfterm holidays are around the corner. Where in #MidWales will you take your family? bit.ly/2hPUBIM  #visitmidwales | Mid Wales |
|  | Mae gwyliau #hannertymor yn agosáu. Ble fyddwch chi’n mynd â’r teulu dros y gwyliau? #CanolbarthCymru bit.ly/2hPUBIM | Mid Wales |
| **08.01.17** | Sunday. A perfect time to plan your #spring #shortbreak #holiday in #MidWales Will it be #coast or #country? bit.ly/**2fZs5Vr** | Mid Wales |
|  | Dydd Sul - diwrnod da i drefnu #gwyliau yng NghanolbarthCymru. Beth fydd hi eleni - #cefngwlad neu‘r #arfordir? bit.ly/**2fZs5Vr** | Mid Wales |
| **08.01.17** | Which #ceredigioncoast beach is your favourite? Go on, we all have one, which is yours bit.ly/2hVCLY7 #visitmidwales #findyourepic | Mid Wales Ceredigion |
|  | Pa un o draethau #arfordir #Ceredigion yw eich ffefryn chi? #DarganfodCeredigion bit.ly/2jd1gll | Mid Wales |
| **08.01.17** | Sunday. A perfect time to plan your #spring #shortbreak #holiday in #MidWales Will it be #coast or #country ? bit.ly/**2fZs5Vr** | Mid Wales |
| **08.01.17** | Which #ceredigioncoast beach is your favourite? Go on, we all have one, which is yours? bit.ly/**2frYfvd** #visitmidwales #findyourepic | Mid Wales Ceredigion |
| **09.01.17** | First Monday in work in 2017? Don’t worry. Why not think about that #holiday escape to MidWales ? bit.ly/2hPUBIM  #FindYourEpic | Mid Wales |
| **09.01.17** | Looking for a #cyclingbreak in #MidWales ? There are plenty of trails and routes whether #MTB or #roadcycling bit.ly/**2fHqaHW** | Mid Wales |
| **10.01.17** | No weekend is ever the same in #MidWales How about some chariot racing this Saturday? bit.ly/2i7RKLB #daysout #powys #shortbreaks | Mid Wales Mid / North Powys |
| **10.01.17** | Food glorious food. Whether for a #dayout or part of a culinary tour, #MidWales has #farmersmarkets and other foodie delights. bit.ly/**2dXWtRx** | Mid Wales |
| **11.01.17** | It’s Wednesday, so just a few days until the weekend. What are you planning? Coming to #MidWales ? bit.ly/2hPUBIM #visitmidwales | Mid Wales |
| **11.01.17** | Get the #walking boots out and find a route in #MidWales – #coast or #countryside ? bit.ly/**2d2PXIa** #findyourepic | Mid Wales |
| **12.01.17** | The #Powys borderlands are a great gateway into #MidWales Why not step out on #OffasDyke ? bit.ly/2ggIF2Z #visitwales #FindYourEpic | Mid Wales Mid / North Powys |
| **12.01.17** | Looking for a #lastminute #winter #shortbreak ? There are some great deals in #MidWales bit.ly/**2fypAev** #visitwales #findyourepic | Mid Wales |
| **13.01.17** | Become an #explorer With so many historic sites and places you’ll be spoilt for choice in #MidWales bit.ly/2i9BQn1 #visitwales | Mid Wales |
| **14.01.17** | Just a month until #Valentinesday Have you planned your #romantic #shortbreak ? Great #destinations in #MidWales bit.ly/2fZs5Vr | Mid Wales |
| **15.01.17** | Are you heading out #cycling #walking or #eating today? Where are you heading? #visitmidwales #visitwales #FindYourEpic #shortbreaks #wales | Mid Wales |
| **16.01.17** | Did you know in parts of #MidWales there are just 25 people per square mile? So plenty of space for you to enjoy. bit.ly/**2fA476n** | Mid Wales |
| **16.01.17** | Town or country? Wherever you head in #MidWales there’s something to explore. bit.ly/2dFSB73 #findyourepic #shortbreaks #daybreaks | Mid Wales |
| **17.01.17** | How many miles of #rightsofway are in #Wales ? (many of which are in #MidWales ) #asktwitter #shortbreaks #walking #findyourepic | Mid Wales |
| **17.01.17** | There are over 20,750 miles of rights of way in Wales, with many spectacular ones in #MidWales #findyourepic http://bit.ly/2edUshM | Mid Wales |
| **18.01.17** | Have you thought about taking that special person on a #romanticbreak this #Valentinesday #shortbreak #midwales bit.ly/**2fZs5Vr** | Mid Wales |
| **18.01.17** | Are you taking part in #biggardenbirdwatch ? You should #visitmidwales to see even more wild birds. bit.ly/**2dHVdiB** #findyourepic | Mid Wales |
| **19.01.17** | Forget the #Januaryblues Get yourself a relaxing #spabreak in #MidWales Check out some great destinations. bit.ly/2iHrbRy | Mid Wales |
| **19.01.17** | The whole of #MidWales is a beauty spot. But check out some of these great ones  bit.ly/**2iCslNn** | Mid Wales |
| **20.01.17** | Have you got that #fridayfeeling ? Where are you heading this weekend? Check out what’s on in #MidWales bit.ly/2hPUBIM #holiday | Mid Wales |
| **21.01.17** | Fancy a #weekendwalk ? Check out some of our favourites in #MidWales bit.ly/**2d2PXIa** #walking #walkingbreaks #shortbreaks | Mid Wales |
| **22.01.17** | It’s the first day of the #chinesenewyear - year of the dragon. But there’s only one dragon. The Welsh Dragon. #visitmidwales #findyourepic | Mid Wales |
| **23.01.17** | It’s the start of the week, but what have you got planned for the end of the week? #daytrips #exploremidwales | Mid Wales |
| **23.01.17** | There are walks and there are walks. The #CeredigionCoastalPath is one that you will never forget. bit.ly/2f8El6u  #exploremidwales | Mid Wales Ceredigion |
| **24.01.17** | Looking for a #petfriendly #shortbreak #holiday ? There are plenty of places in #MidWales bit.ly/**2feDFLP** #findyourepic | Mid Wales |
| **24.01.17** | Where can you see the #MidWales marches to one side and the #Cardigancoast to the other? bit.ly/**2dFSB73** | Mid Wales Ceredigion |
| **25.01.17** | Happy #StDwynwensDay. Have you surprised a loved one on the day of the Welsh patron saint of lovers? #findyourepic #exploremidwales | Mid Wales |
| **25.01.17** | If you missed #stdwynwensday make sure you don’t forget #valentinesday Book your #romantic #shortbreak bit.ly/2fZs5Vr | Mid Wales |
| **26.01.17** | Happy #australiaday But why travel all that way when you can have a great #shortbreak #holiday in #MidWales ? | Mid Wales |
| **26.01.17** | Make this weekend special with an escape for some great culinary delights #MidWales bit.ly/2dXWtRx  #exploremidwales #findyourepic | Mid Wales |
| **27.01.17** | Looking for a #lastminutebreak this weekend? Look no further than #MidWales bit.ly/**2fZs5Vr** #discovermidwales #findyourepic | Mid Wales |
| **28.01.17** | It’s #nationalstorytellingweek Why not create your very own story in #MidWales bit.ly/2dhDUc1 #discovermidwales #findyourepic | Mid Wales |
| **29.01.17** | A lazy Sunday? How about a coastal or countryside walk? bit.ly/**2d2PXIa**  #discovermidwales #findyourspic | Mid Wales Ceredigion |
| **30.01.17** | A good weekend? Did you head into #MidWales for a #daybreak or #shortbreak ? Tell us about your visit. | Mid Wales |
| **30.01.17** | Many people were out exploring over the weekend. Check out our #midwalesexplorer video and maybe #findyourepic bit.ly/**2jbZtgU** | Mid Wales |
| **31.01.17** | Why not #visitmidwales by rail? The #cambrianrailway and #heartofwalesline are a perfect way to let the train take the strain. #FindYourEpic | Mid Wales Ceredigion Mid/North Powys |
| **31.01.17** | End of the first month of 2017. Have you managed to plan your first #shortbreak #holiday yet? Don’t waste your time. bit.ly/2hPUBIM | Mid Wales |